

OPD and Surgical Appointments



An appointment for consultation can be easily booked by calling on the reception desk at - 0712 2595600, 2595636.

The process

Once you have booked an appointment, you receive an SMS reminder a month prior and again a week prior. You will also receive a phone call from the reception desk for the confirmation of the appointment and your time of arrival a day prior.

On the day of the appointment

You are expected to reach 30 min prior to your appointment so that an optometrist checks your vision and glasses and keeps you ready for examination and consultation with the Ophthalmologist. Your complete consultation with the Ophthalmologist will take almost 1 to 2 hours. If additional imaging tests are required to be done it may increase the total time spent at the hospital.

The process of eye examination

After arrival, the patient is asked to report at the reception. The registration process is done in 5-10 min at the reception and the patient is then directed for the Optometrist work up (Vision, Refraction, Spectacle prescription) which takes almost 10 min. After this, the patient is ready to meet the

consultant for a further eye examination. The consultant confirms the findings of the Optometrist and proceeds for detailed eye evaluation which includes microscopic eye examination, eye pressure, and fundus evaluation. Fundus evaluation takes more time (around 30-40 min) as it involves putting eye drops in the eye to widen the pupil so that the entire fundus is visualised. It is cautioned that the patient will have blurring of the vision for almost 3 hours after this test.

Fundus evaluation is a very important test as it involves examining the retina and optic nerve which are very important eye structures responsible for our vision. Any abnormality in these eye structures can be picked up only after this test and can be rectified early to prevent permanent damage. Any abnormality hence detected involves further imaging tests like fundus photography, Fluorescein angiography, topography, Optical coherence tomography etc.

Once all the tests are done the final opinion is given by the consultant and patient is helped by the counsellor to fix an appointment for any treatment or surgery. Any feedback can be given at the reception, and insurance related queries are dealt by our insurance team.

Suraj Eye Institute

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